

EXPERTISE DEVELOPMENT OF VOLLEYBALL CULTURAL AND SOCIAL FACTOR IMPACTING EXCEPTIONAL PERFORMANCE

Brazilian Volleyball

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CBV - Brazilian Volleyball Federation

FMV - Minas Gerais Volleyball Federation

Sports Dimensions in Brazil



Sports > Volleyball

1. **School** > PE class = participation, learning the sport and the rules, develop skills, social sport, “sport to develop citizenship”.
2. **Sport at School** > Training and practice to competition at scholl level.
3. **Leisure** > Have fun, meet people, physical activity, social aspects. (Volleyball > stature > men=1,85 women= 1,75)
4. **Competition** > Strucutered practice and training to develop skills and compete at the state and national level.
5. **High Performance** > High level sport, training and competing at the top level, International and Olympic competition.

Physical Education in Brazil



- **PE courses**
 - “Licenciatura” 3 years PE at schools
 - “Bacharelado” 4 years All the rest...
 - Suggestion = “Take both” (3+1 years)
- **PE courses 100 in the 80’s >600 today**
 - Volleyball 80 to 180 hours ↓ 45 to 36 hours
 - Coaches teaching in private courses = ↑ level
 - PG course
 - Especialization (360 hs)*
 - Master (2 years)
 - Ph. D. (4 years)

Volleyball Coaches



Coach Level (CBV Register)

- Registered in the CREF (Regional Council of PE)
- PE course (University) + CBV / FIVB courses

National (2009)

- Level I 56 h = Initiation
- Level II 80 h = Until 17 years old
- Level III 80 h = All levels
- Level IV 80 h = Plan and run programs
- Level V = *Honor Title (World Champion)*
- International
 - National level and Coach Brazilian Teams in FIVB official competitions.



International FIVB Ranking - Jan 2009



Male

Adult		Junior and Youth	
R Team	Total	R Team	Total
<u>1 Brazil</u>	223	1 Iran	135
2 USA	198	<u>2 Brazil</u>	111
3 Russia	185	3 Argentina	108
4 Bulgaria	132.5	4 Russia	88.5
5 Serbia	117	5 France	85

Female

Adult		Junior and Youth	
R Team	Total	R Team	Total
<u>1 Brazil</u>	255	1 China	128
2 USA	198	<u>2 Brazil</u>	125
3 Cuba	190	3 Japan	105
4 Italy	185	4 USA	90
5 China	154	5 Italy	76

Brazilian Volleyball



	10/2006	05/2007	10/2008
Registered Coaches	2.684	2.727	2.845
Registered Athletes	97.830	99.471	>100.000

2006		Total	Male	Female
National competitions	Teams	173	90	83
	Athletes	2.384	1.248	1.136



- 2007 - Student's competition
 - Qualifying = 1.000.000 students
 - 3.300 students (aged 12-14) from 775 schools in 24 states
 - 3.250 students (aged 15-17) from 800 schools in 25 states
- 2005 census = 20 million teenagers (12-17)

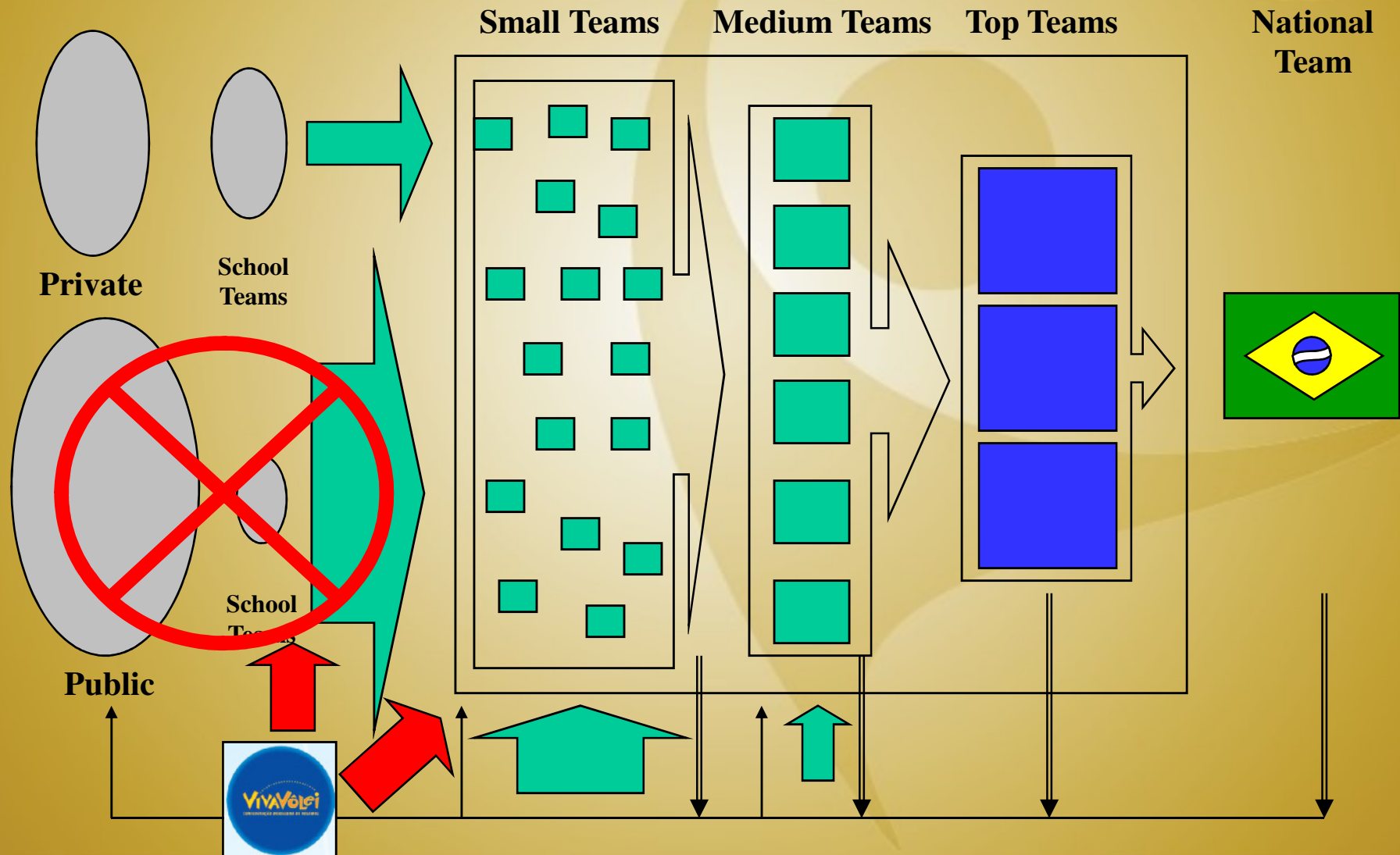
Brazilian Sport Structure



School

Clubs

Brazil



Regulament in MG



Category	Age	Height of net Female	Height of net Male	Tactical System
Beginners	Under 12	2,10 m	2,20 m	6x6 – setting from position 3
Pre-Mirim	Until 13	2,15 m	2,25 m	6x6 - setting from position 3
Mirim	Until 14	2,20 m	2,35 m	Free but 5x1 is not allowed
Infantil	Until 16	2,20 m	2,40 m	Free
Youth	Until 18	2,24 m	2,43 m	Free
Junior	Until 20	2,24 m	2,43 m	Free
Adult	Minimum 16	2,24 m	2,43 m	Free

Libero =>
15 years

National Volleyball Courses



X



Two different realities – outside courts, few material X gymnasium, lots of material



X



National Volleyball Courses



Working with coaches (adults) and with children (real situations)



Volleyball > Clubs

Sports school > beginners



Tournament
Beginners classes

Volleyball > Clubs

Sports school > fundamentals



Fundamentals



Family day

Volleyball > Clubs

Sports school > beginners



Small courts with mini nets

Volleyball > Clubs

Sports school > pre team



Preparing to trials to teams

Transition to teams



Volleyball > Clubs

Team > pre-mirim (13 years old)



4	setter 3	2
5	6	1

Volleyball > Clubs

Team > Mirim (14 years old)



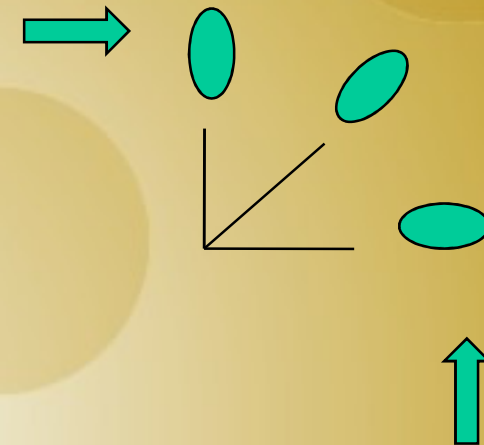
Volleyball Equipments



Volleyball Equipments



Volleyball Equipments



Volleyball

Meet the idols



**Olympic champion 2008
Walewska and Fabiana
visiting their first club**



Volleyball

Sport Exchange Programs



Newberry



Newberry and Minas



Newberry and Portugal Youth team



Newberry and Gymnasts

Volleyball

Trial for the National Junior Team 2007



Volleyball Main Team



Minas Tennis Club > Seven times national champion > # 2 in Brazilian League 2009

Thank You



Tampa Convention Center
March 31 - April 4, 2009

124th American Alliance for Health, Physical Education,
Recreation and Dance National Convention & Exposition

MANY VOICES ... ONE MISSION

In partnership with Southern District AAHPERD and Florida AHPERDS



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